

Effective discipline

Other resources

The following resources have been compiled for parents, carers and school staff who may be seeking further information about effective discipline. A range of resources have been included but the list is not exhaustive. Since materials have been selected to represent differing perspectives, inclusion of a particular item on the list should not be taken as endorsement by KidsMatter.

Information specifically for parents and Carers

Raising Children Network. This national website aimed at helping families care for children has a series of comprehensive and clearly written articles on effective discipline. Short film clips that demonstrate positive strategies for managing children are also provided:

http://raisingchildren.net.au/articles/discipline_introduction.html/context/270
http://raisingchildren.net.au/behaviour_toolkit/behaviour_toolkit_school_age.html
http://raisingchildren.net.au/articles/discouraging_behaviour_video.html/context/833

Parenting Research Centre provides access to high quality research and resources on parenting and raising children. It provides a clearly written set of articles on effectively managing children's behaviour.

www.parentingrc.org.au/ap/topics.php?channelID=1§ionID=1®ionID=28

Children, Youth and Women's Health Service provides information for parents and carers on a large variety of child health and development topics. Information relevant to children and discipline is available from:

www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&np=122&id=1763
www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&np=122&id=2429

ABC Parenting provides information on a range of health and well-being issues for parents of children from birth through to eight years of age. Useful information on managing children's behaviour is available from:

www.abc.net.au/parenting/articles/school_age_behaviour.htm

Information in languages other than English

The Australian Childhood Foundation provides accessible parent-friendly information that promotes positive parent-child relationships and is available in an extensive range of languages. Information on children's behaviour is available:

www.kidscount.com.au/english/topic04.asp
www.kidscount.com.au/website/default.asp

Resources for school staff

The Queensland Education Department's Board of Teacher Registration has an online resource '*Behaviour Management in Queensland Classrooms*' for teachers. The resource includes tips and strategies for building positive classroom atmosphere and handling inappropriate behaviour. Available from: www.btr.qld.edu.au/pub_beh.htm

Rogers, B. (2006). The purposes of discipline: Within a whole-school approach. *Classroom*, 7, 32-33. This brief article introduces a whole-school approach to discipline. Articles in *Classroom* magazine can be freely accessed through libraries that subscribe to the Australian Education Index database. They are also available to the public for purchase through EdResearchOnline: www.acer.edu.au/library/edresearch.html

Books and resources for parents and carers

Every parent: A positive approach to children's behaviour (2nd ed.). Written by an Australian parenting expert, this comprehensive book provides advice on how to manage common behavioural problems. *By M. Sanders. (2004). Camberwell, VIC: Penguin Group Australia.*

A handbook for happy families: A practical and fun-filled guide to managing children's behaviour. This book provides practical advice and strategies for managing children's behaviour. The author discusses unique challenges relevant to step parents, single parents, gay and lesbian parents, parents of twins and grandparents. *By J. Irvine. (2002). Sydney, NSW: Finch Publishing.*

1-2-3 Magic: Effective Discipline for Children 2 – 12. This is a concise book that outlines a three step process for controlling obnoxious behaviour, encouraging good behaviour, and strengthening your relationship with children. *By T. W. Phelan. (2003). Glen Ellyn, IL: ParentMagic.*

Tricky kids. This is an informative and easy to read book for all the adults in kids' lives. It helps adults view children's challenging behaviour in ways that lead to more positive outcomes for everyone involved. *By A. Fuller. (2007). Finch Publishing*
www.finch.com.au/html/s02_article/article_view.asp?art_id=254&nav_cat_id=220&nav_top_id=70

Why won't my child do as I say? Practical strategies to make discipline simple. This CD presentation outlines simple strategies for effective discipline. *By M. Grose (2003). Balnarring Vic: Michael Grose Presentations Pty Ltd.* Other parenting resources by Michael Grose, including an electronic book that provides useful tips on effective communication with children, are available from: www.parentingideas.com.au
www.parentingideas.com.au/pdf/SpeakingSoKidsWillListen.pdf

Children are people too: A parent's guide to young children's behaviour (4th edition). This book recommends teaching children positive behaviours and teaching them to act with consideration as opposed to punishing bad behaviours. *By L. Porter. (2005). Bowden, SA: East Street Publications.*

Books for school staff

Behaviour recovery (2nd edition). This is a practical book that provides step by step advice for working with disruptive children in primary schools and ideas on how to help children develop positive behaviour. *By B. Rogers. (2003). Mulgrave, VIC: ACER Press.*

Classroom discipline and management: An Australasian perspective (2nd edition). This book is designed to help teaching staff explore various models of classroom discipline and to develop effective approaches to classroom management. *By C. H. Edwards & V. Watts. (2008). Milton, QLD: John Wiley and Sons.*

Inviting positive classroom discipline. This is book has numerous practical ideas and strategies for preventing discipline problems and creating a positive school culture. *By W. Purkey & D. Strahan. (2005). South Melbourne, VIC: Pearson's Education Australia.*

Kids behaving badly: Teaching strategies for classroom behaviour. Written by an Australian Psychologist, this resource provides useful and practical strategies for managing students' behaviour and creating a positive classroom atmosphere. *By E. Little. (2003). Melbourne, VIC: Pearson Education.*

Student behaviours: Theory and practice for teachers (3rd edition). This resource provides an overview of major theories of behaviour management as well as practical strategies for dealing constructively with disruptive behaviours. *By Porter. (2006). Crows Nest, NSW: Allen and Unwin.*

This resource is part of the KidsMatter Primary initiative. The team at KidsMatter welcomes your feedback at www.kidsmatter.edu.au



Australian Government
Department of Health and Ageing

