Resolving conflict

Other resources



The following resources have been compiled for parents, carers and school staff who may be seeking further information about helping children with peer conflict resolution. A range of resources have been included but the list is not exhaustive. Since materials have been selected to represent differing perspectives, inclusion of a particular item on the list should not be taken as endorsement by KidsMatter.

General information

Skills for resolving conflict (2nd Edition). This book provides comprehensive, research based information on conflict resolution. By E. Wertheim, A. Love, C. Peck, & L. Littlefield. (2006). Melbourne: Eruditions Publishing.

Information specifically for parents and carers

The Australian Psychological Society provides a guide for parents' that includes valuable information on conflict, aggression and bullying. Available from: **www.psychology.org.au/publications/tip_sheets/bullying/**

Parenting Ideas provides information on conflict resolution, with a focus on conflict between siblings and sibling rivalry. Available from: **www.parentingideas.com.au/ FreeArticles.php**

Children, Youth and Women's Health Service provides information for parents and carers on a large variety of child health and development topics. Information on conflict resolution is available from: www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&np=141&id=1749

Back on Track: Finding a way through Separation and Re-partnering. This website is provided by the Australian Government's Child Support Agency and is aimed at providing guidance to couples who are going through various stages of separation. It has some valuable information on conflict resolution with children that is relevant to all families. **www.csa.gov.au/repartner/hand12.htm**

Books for parents and Carers

Raising a thinking child workbook: Teaching young children how to resolve everyday conflicts and get along with others. This workbook provides activities and games parents and carers can use with children to teach them constructive problem solving skills and conflict resolution skills. It is suitable for children aged 4 to 7. (Complements the I Can Problem Solve Program) By M. B. Shure. (1996). Illinois: Henry Holt & Company.

Siblings without rivalry: How to help your children live together so you can live too.

This book challenges the idea that constant, unpleasant conflict is natural and unavoidable. It uses anecdotes and stories to show many ways parents and carers can teach their children how to get along. By A. Faber, & E. Mazlish. (1998). New York: Harper Collins.

Resources for use with Children

Wise ways to win. This picture book uses Australian animals to depict basic conflict resolution skills such as considering alternatives and generating win-win solutions. A bright and visually appealing *Wise Ways to Win* poster is also available. *By K. Ireland, J. Phillips, & Psychologists for the Promotion of World Peace.* (1997). Melbourne: Hill of Content.

Kids' Health, a website provided by the South Australian Children, Youth and Women's Health Service, provides high quality information for kids on issues that have been identified by children as important. It is a great resource for parents and carers to use with their kids. Numerous activities are aimed at helping kids to learn effective conflict resolution skills, including:

www.cyh.com/HealthTopics/HealthTopicDetailsKids.aspx?p=335&np=287&id=1521 www.cyh.com/HealthTopics/HealthTopicDetailsKids.aspx?p=335&np=286&id=1625

Resources for school staff

The KidsMatter Programs Guide provides information on school based social and emotional learning programs. Each program provides detailed teacher resources for use in the classroom. Many programs provide information for parents and carers as well.

Before push comes to shove: Building conflict resolution skills with children.

This resource provides strategies to help children learn constructive responses to conflict, (e.g., exploring options, considering perspectives, avoiding escalation and coming to suitable solutions). Also available is an accompanying picture book, *Best day of the week*. *By N. Carlsson-Paige*, & D. Levin. (1998). MN: Redleaf Press.

Managing conflict with confidence. This resource provides teaching staff with lessons, activities and role plays that can be used to help students develop positive conflict resolution and communication skills. By C. Heaton and M. Lynch. (2003). Pearson Education.

Conflict resolution activities that work. This sourcebook provides numerous, easy to use classroom activities for teaching effective conflict resolution strategies to younger children *By K. H. Hollenbeck. (2001). Scholastic.*

Cooling conflict: A new approach to managing bullying and conflict in schools. This Australian book provides theory, practical strategies and tools that school staff and students can use to deal constructively with conflict and bullying. By J. R. O'Toole, B. V. Burton, & A. Plunkett. (2005). New South Wales: Pearson Longman.

The University of Nebraska – Lincoln Extension provides comprehensive information on pitfalls to avoid when mediating children's conflict. Available from: **www.ianrpubs.unl.edu/epublic/pages/publicationD.jsp?publicationId=149**

Primary School. This website provides links to numerous free classroom resources, games, and activities that teaching staff can use with primary school aged children. Links to conflict resolution activities are available from: www.primaryschool.com.au/advsearch.php?showall=search&term=conflict+resolution&Action=Search

Psychologists for the Promotion of World Peace provides a list of nominees and past winners of the Children's Peace Literature Award. This award recognises the contribution of Australian authors who write children's books on peaceful conflict resolution and is a valuable source of ideas for books parents, carers and teaching staff can use with children. Available from: www.groups.psychology.org.au/Assets/Files/CPLA.pdf

This resource is part of the KidsMatter Primary initiative. The team at KidsMatter welcomes your feedback at www.kidsmaffer.edu.au









